

# LEARN HOW TO USE IT



## NICODERM<sup>®</sup> CQ<sup>®</sup> PATCH

Helps prevent the urge to smoke all day long.  
Features Extended Release SmartControl<sup>®</sup> Technology, that starts to deliver nicotine fast and continues steadily throughout the day.

### DOSING INFORMATION AND HOW TO USE

#### STEP 1

One 21-mg  
patch/day

#### STEP 2

One 14-mg  
patch/day

#### STEP 3

One 7-mg  
patch/day

If you smoke more than 10 cigarettes per day...

STEP 1  
6 weeks

STEP 2  
2 weeks

STEP 3  
2 weeks

Stop  
Treatment

If you smoke 10 or fewer cigarettes per day...

STEP 1  
Skip

STEP 2  
6 weeks

STEP 3  
2 weeks

Stop  
Treatment

To improve your chances of quitting, complete the full treatment program. Apply a new patch every day. Behavioral support increases chances of success. Read and follow label directions.